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HEALTH SCREENING REPORT

Preemployment Physical Examination

CONFIDENTIAL

No. Medical Record : 00198/009/VI/OUM/26

2806



PERSONAL DATA

Name : PONIRAN
Birthday/Gender/Emp. ID : 20 October 1987 / Male / X7884161
Father's Name : SANMIARTO
Address : KAV SENJULUNG BUKIT MULIA BLOK A2 NO 100 KABIL, BATAM
Occupation : PIPE FITTER
Name of Employer / Recruitment Agency : UMUM.
Address of Employer / Recruitment Agency :

MEDICAL HISTORY

	Yes	No		Yes	No		Yes	No
1. Hypertension		X	4. Allergic Rhinitis		X	7. Surgery		X
2. Bronchial Asthma		X	5. Peptic Ulcer		X	8. Echolalia		X
3. Bloody Cough		X	6. Epilepsy		X	9. Others		X

CLINICAL EXAMINATION

Weight : 75 Kg Height : 168 Cm
BMI : 26.57

	Yes/Abnormal	No/Normal
1. Vision		
a. Distant Vision	X	
(Should be at least 6/12 in both eyes with or without glasses)		
b. Near Vision		X
(Should be at least J2 in both eyes with or without glasses)		
c. Colour Vision		X
d. Any Organic Eye Disease		X
2. Hearing		X
(Unable to hear ordinary conversation at 2 m)		

	Yes/Abnormal	No/Normal
3. Cardiovascular System		
a. Blood Pressure		X
Systolic / Diastolic : 125 / 85 mm Hg		
Pulse : 89 / min		
b. Heart Disease		X
c. Varicose Veins	X	
4. Respiratory System		X
5. Skin-Chronic Disease		X
6. Abdomen		X
7. Locomotor/Neurological		X
8. Endocrine disorders		X
9. Mental State		X

LABORATORY TEST

(Report Enclosed)

	Yes/Abnormal	No/Normal
1. Blood Count		X
2. Urine Feme		X
3. Other Laboratory Test	X	

OTHER TEST

(Report Enclosed)

	Yes/Abnormal	No/Normal
1. Audiometry		X
2. Spirometry		X
3. ECG (if indicated)		X
4. Chest X-Ray		X

Remarks: Overweight BMI:26.57 E66, Myopia H52.1 R:6/36, L:6/6 MOM, Bilateral Varicose Grade 1 I83.9, Right Corneal Scar H17, Lab: SGOT R74.9 42 U/L MIE, SGPT R74.9 114 U/L MOE, Total Cholesterol E78.0 253 mg/dl VHR, HDL E78.4 48 mg/dl BHR, LDL E78.4 180 mg/dl HR, Cholesterol Ratio E78 5.3 AR, Blood Type: 0 Rh(+) Z67.40

CERTIFICATION

I certify that I have examined the abovenamed person. In my opinion, this person is FIT WITH NOTE for duties mentioned above.

ADVICE :

Regular Exercise and Reduce Weight, Wear Glasses, Legs Exercise, Low Fat Diet, Consume Liver Supplement and Anti Dyslipidemia, Monitor Liver Enzyme and Lipid Profile, Do Physical Activity 30 Minutes per Day for Minimum 3 Times per Week
*NOTE: RECOMMENDATION FROM INTERNIST IS ATTACHED

Authentic Signature

Date of Exam : 13 June 2026

DR. DEWI KURNIAWATY, MKK, MM, AIFO-K

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LABORATORY REPORT

BLOOD COUNT

Test Name	Result	Unit	Reference Range
HGB	15.3	gr/dl	M: 13.2 - 17.3 F: 11.7 - 15.5
WBC	5.0	10^3/ mm^3	M: 3.8 - 10.6 F: 3.6 - 11.0
RBC	5.46	10^6/ mm^3	M: 4.4 - 5.9 F: 3.8 - 5.2
ESR	2	mm/hr	M: 0 - 10 F: 0 - 20
HCT	47.7	%	M: 40 - 52 F: 35 - 47
PLT	277	10^3/mm^3	150 - 440
MCV	87.5	µm^3	80 - 100
MCH	28.1	pg	26 - 34
MCHC	32.2	gr/dl	32 - 36
Differential Count			
- LYM	36.9	%	25 - 40
- MON	6.4	%	2 - 8
- GRA	56.7	%	43 - 76

URINE FEME

Macroscopy	Result	Microscopy	Result
- pH	6	- WBC/HPF	Occ/HPF
- Specific Gravity	1.015	- RBC/HPF	Nil/HPF
- Glucossa	Negative	- Epithel Cell	Nil
- Protein	Negative	- Crystals	Nil
- Ketones	Negative	- Cast	Nil/HPF
- Bilirubin	Negative		
- Urobilinogen	Normal		
- Nitrit	Negative		
- Blood	Negative		
- Leucocytes	Negative		

X-RAY REPORT

Chest PA:

Show no Abnormalities.
There is no evidence of pulmonary tuberculosis or other pulmonary,pleural or mediastinal lesions.
The size,shape and position of the heart are within limits of normal variations.
Bony structures of the thorax show no abnormalities.

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Notes: (*) Abnormal value

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ADDITIONAL PHYSICAL EXAMINATION

RR: 20x/i

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ELECTROCARDIOGRAM INTERPRETATION (RESTING)

2806



Name	:	PONIRAN
Age Lahir	:	20 Oktober 1987
Sex	:	Male
Weight	:	75 kg
Height	:	168 cm
Blood Pressure	:	125 / 85 mmHg
Place/Date	:	BATAM, 13 Juni 2026
Employee ID	:	X7884161

Rhytme	:	QRS - Complex	:
Ventricular Rate	:	Q - Wave	:
QRS Axis	:	R - Wave (V5 - V6)	:
Electric Position (QRS)	:	S - Wave (V1 - V2)	:
P - Wave	:	T - Wave	:
P - R Interval	:	S - T Segmen	:

CONCLUSION : Normal Resting ECG, Treadmill: Negative Ischemic Response

ADVICE :

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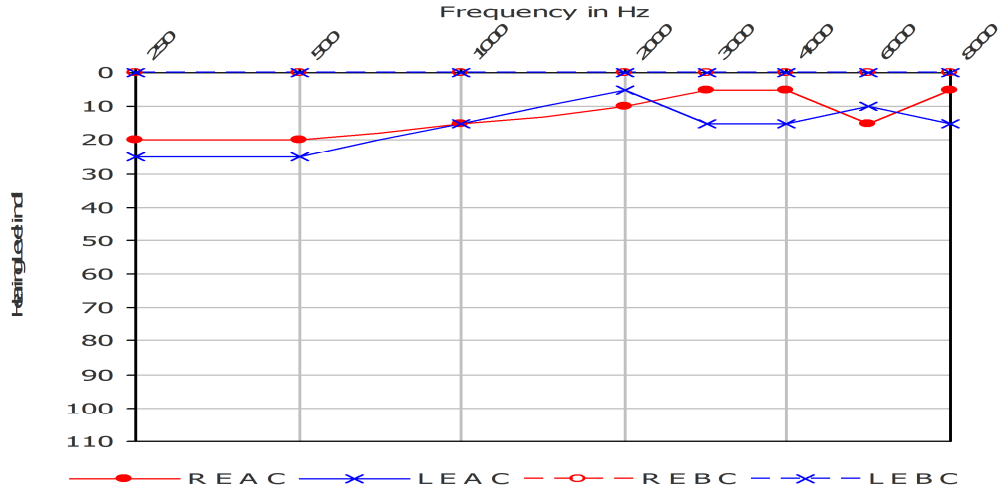
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AUDIOMETRY REPORT

Occupational History	Yes	No
- Noisy Working Environment		X
- Present/use of Hearing Protector		X
- Period of Working	0.0 years	

Medical History/Examination	Yes	No	If Yes, which ear	Left	Right
- Ear Surgery		X			
- Head/Ear Injury		X			
- Ears Infection		X			
- Ear Drum Perforation		X			
- Ear Cerumen		X			



Conclusion :

1. Audiogram : Normal

2. Hearing Impairment : Monaural : R : -18.75 %
   L : -15.00 %
   Hearing Handicap : -18.125 %

3. Not a Noise Induced Hearing Loss

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PULMONARY FUNCTION TEST

Occupation History

	Yes	No
- Dusty Working Environment		X
- Present/use of Protective Equipment		X
- Period of Working	0.0 years	

Medical History

	Yes	No	If Yes, when
- Lung Disease		X	
- Breathlessness/Asthma		X	
- Cought Up Blood		X	

FVC Normal Value	:	3.702
FEV1 Normal Value	:	3.051
FEV1/FVC % Normal Value	:	83 %
FVC % Predicted Value	:	94 %
FEV1 % Predicted Value	:	96 %
FEV1/FVC % Predicted Value	:	101 %

Interpretation : Normal Spirometry

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Predicted Value based on Indonesian Pneumobile Project, Reference spirometric values of healthy Indonesian schoolchildren and working adults using equipment and methods that meet American thoracic Society (ATS) 1987 recommendations, 1993

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LABORATORY REPORT

Test Name		Result	Unit	Reference Range
LIVER FUNCTION TEST				
SGOT	:*	42	U/L	M: <= 35 F: <= 31
SGPT	:*	114	U/L	M: <= 45 F: <= 34
Gamma GT	:	45	U/L	M: <= 49 F: <= 32
LIPID PROFILE TEST				
Total Cholesterol	:*	253	mg/dl	<= 200
HDL - Cholesterol	:	48	mg/dl	M: > 35 F: > 45
LDL - Cholesterol	:*	180	mg/dl	50 - 140
Trigycerida	:	125	mg/dl	<= 204
Ratio Cholesterol (Total Chol : HDL)	:*	5.3		M: < 3.4 F: < 3.3
BLOOD SUGAR TEST				
Fasting Blood Sugar	:	86	mg/dl	< 100
RENAL FUNCTION TEST				
Ureum	:	27	mg/dl	17 - 43
Creatinine	:	0.9	mg/dl	M: 0.8 - 1.3 F: 0.5 - 0.9
Uric Acid	:	5.9	mg/dl	M: 3.6 - 8.2 F: 2.3 - 6.1
SEROLOGY				
HIV	:	Negative		Negative
HBsAg	:	Negative		Negative
Blood Group	:	O	(+)	
Urine				
Cannabinoid/THC	:	Negative		Negative
Methamphetamine	:	Negative		Negative
Opiates/Morphine	:	Negative		Negative
Amphetamine	:	Negative		Negative
Benzodiazepine	:	Negative		Negative
Barbiturate	:	Negative		Negative
OTHERS				
Breath Alcohol Test	:	0.000	%BAC	< 0.02 %BAC is negative

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Notes : (*) Abnormal value

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LABORATORY REPORT

Test Name	Result	Unit	Reference Range
			>= 0.02-0.039 %BAC: cannot perform safety sensitive function >= 0.04 %BAC is a violation of rule

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